



## **Hart Road Runners Committee Meeting Minutes**

**Friday 19<sup>th</sup> January 2018 19:30 @ John's House**

### **1. Attendees / Apologies**

Grahame (Chair), John, Charlie, Kate, Nigel, Hannah, Alexa, Gill, Sarah (Minutes),  
Apologies from Heather.

### **2. Agreement of November Committee Meeting and review of action points:**

- All action points regarding Christmas events and Mike Cloke Memorial run completed. All events were a success and Grahame thanked all the volunteers involved, especially with hosting a very slick XC event. Hats off to Nigel for the changes to the layout for the refreshments.
- Initial bulk order of new kit completed and members successfully ordering through website.
- Easy Fundraising – information and links sent to Kate for website
- Kate to change MRC link and Ged to check Farnham runs included on calendar - completed
- John to pay money to club nominated charities after Christmas - completed
- VLM club places applied for – 1 member paid and confirmed, 1 member not yet confirmed (VLM deadline 23<sup>rd</sup> Jan). The Committee discussed and agreed that if a member who is chosen from the ballot does not take up their place (i.e. they do not confirm their place with VLM and receive a race number) they will be re-entered for the club ballot the following year.
- Ged has booked VLM coach. 49 seater executive coach departing from Fleet Railway Station at 6am dropping runners at Blackheath. Pick up will be Embankment at 5pm or earlier if all runners are back. Cost is £640.
- Southern League XC – fees have now been paid
- Lord Wandsworth XC – John confirmed with Ali that first aiders have been booked.
- Grahame has given feedback to Andy Danson regarding Committee discussion around Hart4 budget.

### 3. AGM Action plan:

- Committee members need to decide if they want to remain on the Committee. With the exception of Grahame (currently year one of a two year term) all current Committee members would need to be nominated, seconded and elected to remain on the Committee.
- AGM date will be 23<sup>rd</sup> March 7 for 7:30 – potentially North Hants Golf Club or Harlington if not available – **Action: Alexa to book, Sarah to check timings and officially announce AGM to members**
- AGM announcement will need to include appeal to see if anyone wants to join the committee and that we are also looking for someone to take over the Newsletter. We could additionally advertise via Facebook, as the person who writes the newsletter does not necessarily have to be on the Committee. **Action: Sarah & Hannah**
- The format will be the same as last year, with a Review of the Year presentation prior to the AGM. **Action: Ged to coordinate a powerpoint presentation with Alexa (social), John (finance), Gill (membership), and Kevin (coaching).**
- Constitution – **Action: Grahame to review prior to next Committee Meeting**

### 4. Review of Financial Position (update from John):

- John ran through the club's current financial position.
- Highlights included:
  - Club kit – Amount spent £1,470, £560 income, £910 stock
  - Track price will remain at same fees next year as we are covering costs and making a small profit.
  - Runnymede relays subsidised, Christmas Parties also made a loss (Adult party subsidised)
  - Winter training camp budget and expenditure discussed.
  - Hart 4 - 29 teams already booked.

### 5. Review of Membership (update from Gill):

- We have 245 members currently, up by 8 members from last meeting. There were 3 members previously with no 1<sup>st</sup> /2<sup>nd</sup> claim, (1 now registered, 2 do not need to be)
- The Membership form needs to be changed ready for new Club year. **Action: Ged**
- Renewals will be from March – **Action: Hannah to start reminding members in the weekly newsletter once form is ready on Website.**

### 6. Social Events (update from Alexa):

- **Christmas parties** – The Children’s Christmas party was successful and well attended (approx. 21 children). The Adult’s Christmas party was also successful and received positive feedback.
- **May Awards Ceremony** - Alexa provided options for discussion which the Committee reviewed and voted on. The venue this year will be Peppones (close to Fleet, just off main A287). The cost will be £30 pp (to cover 3 course sit down meal), with a Disco afterwards being paid for by the club. **Action: Alexa to confirm booking with Peppones for 12<sup>th</sup> May**
- **John Pinkerton** – Committee decided this should be included again as it is popular with members, although bookings were slightly down on previous years. **Action: Alexa to book for 28<sup>th</sup> June.**
- **Summer BBQ** – Committee discussed possible dates – **Action: Alexa to contact Barley Mow for Sunday 22<sup>nd</sup> July.**

#### 7. Running Activities (update from Ged):

- **Mike Cloke Memorial Run** – A successful event with a great turn out from both HRR and F&C AC. We raised £162 for the British Heart Foundation.
- **Runnymede Relays** – This will be on 7<sup>th</sup> July. A ‘Save the Date’ has gone out on Facebook and will go in the Newsletter this week as well. The event will be advertised more heavily in April and May. **Action: Ged to enter teams.** In the past we have entered 6 teams.
- **MRC for next year** – Ged suggested we include all HRRL (Hampshire Road Running League) fixtures to encourage participation. **Action: Ged to speak to Jon Cross**
- **Summer run and training schedule** – This will include as many member organised runs as is feasible. Training plan will be mainly off road and will include Bramshot Country Park as a new venue. **Action: Ged to put a plan together to be available in March.**
- **SXCL (Southern Cross Country League)** – There are two races remaining this season and we need to encourage as many members as possible to participate to maintain current league position of 3<sup>rd</sup> place. Basingstoke are in 1<sup>st</sup> place and cannot be caught, with Haslemere Borders in 2<sup>nd</sup> place.

#### 8. Coaching (update from Nigel):

- **Nick Anderson** - Nigel updated that we have booked three further Nick Anderson sessions:  
Friday 9<sup>th</sup> Feb @ Harlington Centre – a presentation on ‘How to train in a busy world’ – all club members welcome, see Facebook/website for details

Wednesday 21st Feb – a session exclusively for coaches looking at performance strategies, planning, periodisation and with a Q&A answer session

Wednesday 28th Feb – following on from 21st Feb, a session for coaches and athletes – the club will request volunteers from all 3 peer groups to be involved – to be advertised in weekly newsletter once specifics agreed.

- **Coaching budget** – Money was put aside for coaching courses – historically there has been little coaching course provision in this area however EA are running courses now in Basingstoke which at least 1 coach is booked on.

#### 9. Website and Social media (update from Kate):

- **Structure of Website** – Kate has proposed a structure which she will set up in the test site and distribute a link for the Committee to have a look and feedback on. Kate now has the relevant permissions to do this although will need assistance from Tom regarding coding for the payment system. Also she will need to discuss with Tom whether purchasing a payment module might be a feasible option. **Action: Kate to set up site and speak to Tom re payments.**
- **Privacy** – Kate has removed personal emails from the current website.
- **Communication** – Kate is still finding that information for the website is not always coming to her. **Action: all to forward relevant info; Alexa to confirm to Kate the Social dates for the website once bookings confirmed.**
- **Meeting Minutes** – Previous years are not available on the website. It was discussed and agreed that minutes should include last AGM and current club year minutes, with a note that previous minutes are available to member upon request. This will ensure website remains up to date and relevant.
- **Facebook Group** – Grahame updated that he is still in discussions with Andy Croft. The Committee had requested that a Committee member be added as a full administrator and as yet this has not happened. **Action: Grahame to speak to Andy Croft and report back to Committee following AGM.**

#### 10. Open Issues Discussion

- **England Athletics** – Ged confirmed that the 2018/19 subscription fee has gone up by £1 to £15. The Committee voted to keep the Club membership fee (which includes the EA fee) at £27. We will review this next year when EA announce any increase for the 2019/20 year.
- **Hospice to Hospice Run** – Nigel is looking at summer dates for the Hospice to Hospice run and changing to a Sunday to encourage participation. **Action: Nigel to confirm date.**

- **Online Banking** – John to organise another Committee member to be able to do online payments. **Action: John**
- **Kit** – Charlie updated that the Club bought 81 items and have sold 34. We may need to order some more soon in certain sizes. There is plenty of availability for ladies vests/t-shirts. **Action: Charlie to bring kit to AGM and Nick Anderson presentation to encourage sales and afford members an opportunity to try on sizes; however members are welcome to order one size and swap if it is not suitable.**
- **Championship entries at VLM** – Alexa advised that there may be an issue with the new club vest in that the logo is deemed too large for Championship entries and that any members that qualified for a Championship place may need to wear the old style vest. **Action: Grahame and Ged to look into this**
- **Accidents** – Gill is aware of two accidents (same member) and wanted to check whether we have an accident book? These are now recorded on line. **Action: Gill to look into whether the accident was recorded by Everyone Active as it happened on their premises.**
- **Hart 4 Buffs** – Hannah has received some enquiries about the Hart 4 Buff from last year's event which was given out in the goody bag. Grahame has some spares to give out and will explore whether more can be ordered. **Action: Grahame to look at costs**
- **Hart Tri 2017** – No payment has been received from Everyone Active for marshalling. **Action: Grahame to send John a copy of the Everyone Active marshalling invoice for John to chase up**
- **Action points to be sent out asap in addition to minutes - Action: Sarah**

**Date of next meeting:**

- Friday 9<sup>th</sup> March @ 7:30pm. Venue TBC.
- The agenda for the meeting will focus on forthcoming AGM