

						Peer Groups					
	Session	Location	Lead Coach	Support 1	Support 2	PG1	PG1	PG2	PG2	PG3	PG3
1st May	3 min intervals	Calthorpe Park	Gill	Ged							
8th May	Peer Groups	TBC				Grahame		Nigel		Andy	
15th May	1km Intervals	Fleet Pond	Spin	Carol							
22nd May	30-20-10 Fartlek	Calthorpe Park	Ross	Grahame							
29th May	Hill Session	The Views Meadow	Howard	Nigel							
5th June	Peer Groups	TBC				Ross	Carol	Angela	Darren	Gill	
12th June	Paarlauf	Wellington Statue	Nigel	Spin							
19th June	3 min intervals	Calthorpe Park	Kevin	Howard							
26th June	Hill Session	Farnham Park	Andy	Gill	Spin						
3rd July	Peer Groups	TBC				Ged		Howard	Spin	Darren	Nigel
10th July	Pyramid	Calthorpe Park	Carol	Ross							
17th July	1.3km/1km Intervals	Bramshot Farm Country Park	Spin	Angela							
24th July	Hill Session	The Views Meadow	Ged	Darren							
31st July	Peer Groups	TBC				Andy		Carol	Gill	Howard	
7th Aug	Paarlauf	Elvetham Heath Nature Reserve	Angela	Nigel							
14th Aug	3 min intervals	Calthorpe Park	Grahame	Howard							
21st Aug	Sue's Steps	Elvetham Heath	Darren	Kevin							